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Efficacy of first-line ART regimens based on tenofovir in HIV-infected patients with pre-existing A62V mutation in reverse transcriptase

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Abstract

Introduction. The amino acid substitution A62V in reverse transcriptase was identified as a mutation correlated with virologic failure in patients on first-line therapy including tenofovir (TDF) and tenofovir alafenamide (TAF). A62V is a typically polymorphic mutation in HIV-1 sub-subtype A6, which is the most widespread virus variant in Russia.

Materials and methods. The European EuResist (EIDB) database was queried to form two equivalent groups of patients: group 1 – patients with A62V at baseline treated with TDF or TAF on the first-line therapy, group 2 – patients without A62V at baseline treated with TDF or TAF on the first-line therapy. Each group included 23 patients.

Results. There was no statistical difference between the two groups in virologic efficacy in 4, 12, and 24 weeks after the start of antiretroviral therapy (ART) and in the frequency of virologic failures.

Conclusion. This study has some limitations, and the exact role of A62V in the efficacy of the first-line ART based on tenofovir deserves further investigation.

Keywords: HIV-1; A62V; reverse transcriptase; first-line ART regimen; TDF/TAF

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ОРИГИНАЛЬНОЕ ИССЛЕДОВАНИЕ

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Эффективность схем АРТ первой линии на основе TDF у ВИЧ-инфицированных пациентов с предсуществующей мутацией А62V в обратной транскриптазе

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Резюме

Введение. А62V в обратной транскриптазе была идентифицирована как мутация, коррелирующая с вирусологической неудачей у пациентов, получавших терапию первой линии, включая тенофовир (TDF) или тенофовир алафенамид (TAF). А62V представляет собой типично полиморфную мутацию суб-субтипа А6 ВИЧ-1, который является наиболее распространенным вариантом вируса в России.

Материалы и методы. По результатам запроса к общеевропейской базе данных EuResist (EIDB) были сформированы две эквивалентные группы пациентов: 1-я группа – пациенты с А62V на исходном уровне, получавшие TDF или TAF в терапии первой линии; 2-я группа – пациенты без А62V на исходном уровне, получавшие TDF или TAF в терапии первой линии. В каждую группу входило по 23 пациента.

Результаты. Статистической разницы между двумя группами по вирусологической эффективности через 4, 12 и 24 нед после начала антиретровирусной терапии (АРТ) и по частоте вирусологических неудач не выявлено.

Заключение. Проведенное исследование имело некоторые ограничения, в связи с чем роль A62V в эффективности АРТ первой линии на основе TDF нуждается в уточнении и заслуживает дальнейшего изучения.

Ключевые слова: ВИЧ-1; A62V; обратная транскриптаза; схема АРТ первого ряда; TDF/TAF

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Конфликт интересов. Авторы декларируют отсутствие явных и потенциальных конфликтов интересов, связанных с публикацией настоящей статьи.

Introduction

The amino acid substitution A62V in reverse transcriptase is an accessory mutation associated with HIV-1 drug resistance [1, 2]. It is a part of the following multi-drug-resistant mutation complexes: the Q151M complex (A62V, V75I, F77L, F116Y and Q151M) and the T69SSS insertion complex (M41L, A62V, T69SSS, K70R and T215Y), which affect almost all nucleoside reverse transcriptase inhibitors (NRTI) drugs, including the widely used lamivudine (3TC), emtricitabine (FTC) and tenofovir (TDF) [3]. Furthermore, A62V often occurs in combination with the K65R mutation, which causes drug resistance to TDF, abacavir (ABC), stavudine (d4T), didanosine (ddI) and rarely to 3TC [4]. It was shown that A62V improved the fitness of drug-resistant viruses [3, 4]. A62V is a non-polymorphic mutation for all HIV-1 subtypes, with the exception of subtype A [3]. It is still unknown whether the pre-existing A62V mutation could influence the appearance of the main HIV-1 drug resistance mutations in first-line therapy patients. However, some authors identified A62V as one of the mutations correlated with virologic failure in patients on the first-line therapies including TDF, and highlighted the need to further study the possibility of the impact of A62V on drug resistance to TDF and tenofovir alafenamide (TAF) [5]. In countries where patients are mostly infected by non-A variants, A62V was rarely detected at baseline, prior to the initiation of the therapy [6, 7]. Furthermore, A62V in reverse transcriptase is typically a polymorphic mutation in sub-subtype A6, which is the most widespread HIV-1 variant in Russia [8, 9]. In the 2006–2022 period in Russia, A62V was detected in 39.9% of treatment-naïve patients [9].

The aim of this study was to compare the efficacy of the first-line ART regimens using tenofovir in two groups: 1) in the group of people living with HIV (PLWH) with A62V mutation in HIV-1 reverse transcriptase at baseline and 2) in the group of PLWH without A62V mutation in HIV-1 reverse transcriptase at baseline.

Materials and methods

Study design and participants

From EuResist Integrated DataBase (EIDB), one of the largest available databases of HIV genotypes and clinical

response to ART, all available data were downloaded on March 21, 2023¹. There was no demographic info from the patients; all the data were completely anonymous. Ethical approval was not required in this case.

The downloaded dataset encompassed nucleotide sequences and corresponding clinical information from 151,109 patients.

Then, the first group (A62V+), the group of PLWH with A62V mutation in HIV-1 reverse transcriptase at baseline, was formed according to the following criteria:

- A62V mutation in HIV-1 reverse transcriptase at baseline, prior to the initiation of first-line therapy;
- no other NRTI HIV drugs resistance mutations at baseline, prior to the initiation of first-line therapy;
- no HIV-1 drug resistance mutations to the class of the main drug on the first-line therapy (non-nucleoside reverse transcriptase inhibitors (NNRTIs), protease inhibitors (PIs) or integrase inhibitors (INSTIs)) at baseline, prior to the initiation of first-line therapy;
- the first-line therapy based on NNRTI/PI/INSTI with two NRTIs as a backbone, one of which is TDF/TAF;
- being on the first-line therapy for more than 4 weeks.

Twenty-three patients from EIDB met these criteria.

The number of patients in the 2nd group (A62V–), the group of PLWH without A62V mutation in HIV-1 reverse transcriptase at baseline, was equivalent to the A62V+ group: 23 patients. The A62V– group was formed based on random sampling and according to the following criteria:

- no A62V mutation in HIV-1 reverse transcriptase at baseline, before starting treatment;
- no NRTI HIV drug resistance mutations at baseline, prior to the initiation of first-line therapy;
- no HIV-1 drug resistance mutations to the class of the main drug (NNRTI, PI, or INSTI) on the first-line therapy at baseline, prior to the initiation of first-line therapy;
- the first-line therapy based on NNRTI or PI or INSTI with two NRTIs as a backbone, one of which is TDF/TAF;
- being on the first-line therapy for more than 4 weeks.

Patients enrolled in the study were observed across different European centers, and none of the patients were from Russia.

¹The Euresist Integrated Database (EIDB). Available at: <https://euresist.org/eidb>

For each patient, the following data were downloaded: the *pol* gene sequence for protease and reverse transcriptase before starting the first-line therapy and for integrase if the patient was on the first-line therapy based on INSTI; sequence date, HIV subtype, list of mutations (PR Major, PR Accessory, PR Other, NRTI, NNRTI, RT Other, INSTI), ART data (the composition of the first-line therapy, the data of the regimen start and stop) and the dynamic of viral load (VL).

The efficacy of the first-line ART was compared in two groups according to virologic response definitions in Russian and European guidelines (Table 1) [10, 11].

The virologic efficacy of ART in 4, 12, and 24 weeks was evaluated based on the definition outlined in the Russian guidelines. To determine the cases of virologic failure, the criteria from two guidelines were combined. VL < 50 was used as a cut-off or undetectable VL level.

The term «virologic blip» was understood as the point after the undetectable level of VL, an isolated detectable VL followed by a return to < 50 copies/mL.

Virologic failure was understood as the inability to achieve VL < 50 copies/ml or after undetectable VL confirmed detectable VL (> 50 copies/ml) in 24 weeks or more after ART starting. Initially, cases of virologic efficacy of the first-line ART in 4, 12, and 24 weeks after ART starting in two groups were identified.

The statistical analysis was conducted to compare the frequency of cases of virological efficacy in two groups at each time point.

Then, the cases of virologic failure were identified in each group. The statistical analysis was conducted to determine the difference in the frequency of virological failure in the two groups.

Statistical analysis and visualization

Statistical data analysis was performed using STATISTICA v6.0 (StatSoft Inc., USA). Presentation of quantitative data in the present study was carried out using the following descriptive statistics: sample size (N), median and interquartile interval (IQR; in the form of 25 and 75% percentiles). The statistical significance of differences between the observed parameters was assessed using Fisher’s two-tailed exact test. The level of significance (*p*) adopted in this study was 0.05 (or 5.0%). Visualization was performed in GraphPad Prism v5.0 (GraphPad Software Inc., USA).

Results

Each group included 23 patients (Table 2).

Most patients took FTC + TDF + EFV: 30.4% (7/23) in the 1st group and 52.2% (12/23) in the 2nd. VL at baseline was higher in the 1st group (median 5.4 log₁₀ RNA copies/ml) than in the 2nd group (4.6 log₁₀ RNA copies/ml). In the 1st group, the most prevalent virus variant was sub-subtype A6 (87.0%), and in the 2nd group – subtype B (82.6%). On average, patients without A62V took longer therapy (168 weeks).

The results of VL measurements in 4 ± 2, 12 ± 4, and 24 ± 4 weeks after ART initiation were analyzed. Table 3 demonstrates the results of VL measurement in patients in both groups. VL values in 4 weeks after ART start were available for 36 patients (17 – 1st group, 19 – 2nd group). All patients from the 1st group and 18/19 patients from the 2nd group experienced a decrease in VL of more than 1 log₁₀. Only one patient (6a) in the 2nd group exhibited a ΔLog₁₀ decrease in VL of less than 1 log₁₀ amounting to 0.9. There

Table 1. Virologic response definitions to ART in Russian and European guidelines

Таблица 1. Определение вирусологического ответа на АРТ в российских и европейских руководствах

| Guidelines Руководство | Virologic efficacy Вирусологическая эффективность | | | Virologic blip Вирусологический всплеск | Virologic failure Вирусологический неуспех |
|--|--|---|---|--|---|
| | in 4 weeks через 4 нед | in 12 weeks через 12 нед | in 24 weeks через 24 нед | | |
| Russian guidelines Российское руководство | VL decrease by ≥ 1 lg Снижение ВН на ≥ 1 lg | VL < 400 copies/mL ВН < 400 копий РНК/мл | VL < 50 copies/mL ВН < 50 копий РНК/мл | After undetectable VL (< 50 copies/mL) an isolated rising of VL to a level of less than 200 copies/ml После неопределяемой ВН (< 50 копий/мл) повышение ВН до уровня менее 200 копий РНК/мл | The inability to achieve VL < 50 copies/ml or after virologic suppression confirmed detectable VL > 50 copies/ml in 24 weeks or more after ART starting Невозможность достижения ВН < 50 копий РНК/мл, или после вирусологической супрессии подтвержденный обнаруживаемый уровень ВН > 50 копий РНК/мл через 24 нед или более после начала АРТ |
| European guidelines Европейское руководство | N/a Н.д. | N/a Н.д. | N/a Н.д. | After confirmed undetectable VL an isolated detectable VL level followed by a return to an undetectable level После подтверждения неопределяемой ВН обнаруживаемый уровень ВН с последующим возвращением к неопределяемому уровню | The inability to achieve or maintain VL < 200 copies/ml Невозможность достижения или поддержания ВН < 200 копий/мл |

was no statistical difference between the two groups ($p = 0.95$).

In 12 weeks, the results of VL measurements were obtained for 33 patients (17 from the 1st group, 16 from the 2nd group). In the 1st group, 14/17 patients had VL less than 400 copies/ml, in the 2nd group – 15/16. There was no statistical difference between the two groups ($p = 0.6$).

In 24 weeks, the results of VL measurements were obtained for 36 patients (15 from the 1st group, 21 from the 2nd group). In the 1st group, 12/15 patients had VL less than 50 copies/ml, in the 2nd group – 18/21. There was no statistical difference between the two groups ($p = 0.7$).

The dynamics of VLs in patients in two groups for the entire follow-up periods are shown in **Figure**.

Based on the dynamics of VLs in the follow-up periods, the cases of virologic failures in the two groups were detected and analyzed.

Thus, in the A62V+ cohort, in 16 patients (1v, 3v, 4v, 6v, 7v, 8v, 10v, 11v, 13v, 14v, 15v, 16v, 19v, 20v, 21v, 22v), VL achieved an undetectable level (< 50 copies/ml). In three patients (5v, 9v, 12v), VL achieved an undetectable level followed by blips. In two patients (17v, 23v), VL achieved an undetectable level with the following confirmed VL rebound. In 2 patients (2v, 18v), VL did not achieve an undetectable level (< 50 copies/ml). Thus,

Table 2. Characteristics of the patients who participated in the study

Таблица 2. Характеристика пациентов, принявших участие в исследовании

| ART first-line regimen Схема первого ряда АРТ | A62V+ (n=23) | A62V- (n=23) | <i>p</i> |
|---|-------------------|---------------------|----------|
| 3TC + TDF + DTG, <i>n</i> (%) | 1 (4.3) | – | 0.98 |
| FTC + TAF + DRV, <i>n</i> (%) | 1 (4.3) | – | 0.98 |
| 3TC + TDF + EFV, <i>N</i> (%) | 1 (4.3) | – | 0.98 |
| FTC + TDF + DRV/rtv, <i>n</i> (%) | 1 (4.3) | 2 (8.7) | 0.97 |
| FTC + TDF + RPV, <i>n</i> (%) | 2 (8.7) | 1 (4.3) | 0.97 |
| FTC + TDF + LPV/rtv, <i>n</i> (%) | 2 (8.7) | 1 (4.3) | 0.97 |
| FTC + TDF + FPV/rtv, <i>N</i> (%) | 2 (8.7) | – | 0.5 |
| FTC + TDF + EFV, <i>n</i> (%) | 7 (30.4) | 12 (52.2) | 0.48 |
| FTC + TDF + DTG, <i>n</i> (%) | 3 (13.0) | – | 0.27 |
| FTC + TAF + BIC, <i>n</i> (%) | 1 (4.3) | – | 0.98 |
| FTC + TDF + ATV, <i>n</i> (%) | 1 (4.3) | 3 (13.0) | 0.66 |
| FTC + TAF + DRV + cob, <i>n</i> (%) | 1 (4.3) | 2 (8.7) | 0.97 |
| FTC + TDF + NVP, <i>n</i> (%) | – | 1 (4.3) | 0.97 |
| FTC + TDF + RAL, <i>n</i> (%) | – | 1 (4.3) | 0.97 |
| 3TC + TDF + LPV/rtv, <i>n</i> (%) | – | 1 (4.3) | 0.97 |
| Median [IQR] VL at baseline, log ₁₀ RNA copies/ml Медиана [IQR] ВН на исходном уровне, log ₁₀ копий РНК/мл | 5.4 [2.9–6.3] | 4.6 [1.7–5.6] | 0.99 |
| Median [IQR] duration of therapy, weeks Медиана [IQR] продолжительности терапии, нед | 86.0 [46.0–152.0] | 168.0 [128.0–176.0] | 0.33 |
| Subtype Субтип | | | |
| A6 | 20 (87.0) | 1 (4.3) | 0.001 |
| B | – | 19 (82.6) | 0.003 |
| G | 2 (8.7) | – | 0.5 |
| CRF01_AE | 1 (4.3) | – | 0.98 |
| CRF09_cpx | – | 1 (4.3) | 0.97 |
| F | – | 1 (4.3) | 0.97 |
| CRF02_AG | – | 1 (4.3) | 0.97 |

Note. TDF – tenofovir disoproxil fumarate; TAF – tenofovir alafenamide; FTC – emtricitabine; 3TC – lamivudine; DRV – darunavir; RPV – rilpivirine; LPV – lopinavir; FPV – fosamprenavir; EFV – efavirenz; DTG – dolutegravir; BIC – bictegravir; ATV – atazanavir; NVP – nevirapine; RAL – raltegravir; rtv – ritonavir; cob – cobicistat; IQR – interquartile range; VL – viral load.

Примечание. TDF – тенофовира дизопроксила фумарат; TAF – тенофовира алафенамид; FTC – эмтрицитабин; 3TC – ламивудин; DRV – дарунавир; RPV – рилпивирин; LPV – лопинавир; FPV – фосампренавир; EFV – эфавиренц; DTG – долутегравир; BIC – биктегравир; ATV – атазанавир; NVP – невирапин; RAL – ралтегравир; RTV – ритонавир; cob – кобицистат; IQR – межквартильный размах; ВН – вирусная нагрузка.

Table 3. Results of viral load (VL) measurement

Таблица 3. Результаты измерения вирусной нагрузки (ВН)

| Patient No. Номер пациента | VL at baseline, RNA copies/ml ВН на исход- ном уровне, копий РНК/мл | Follow-up period, months Срок наблюдения, мес | Follow-up period, weeks Срок наблюдения, нед | Number of VL measurements during the observa- tion period Число измерений ВН за период наблюдения | VL in 4 weeks, RNA copies/ml ВН через 4 нед, копий РНК/мл | VL decrease in 4 weeks (Δ Lg) ВН через 4 нед (Δ Log ₁₀) | VL in 12 weeks, RNA copies/ml ВН через 12 нед, копий РНК/мл | VL in 24 weeks, RNA copies/ml ВН через 24 нед, копий РНК/мл |
|----------------------------------|---|---|--|---|--|--|--|--|
| A62V+ | | | | | | | | |
| 1v | 4683 | 4 | 16 | 2 | – | – | 40 | – |
| 2v | 7852 | 6 | 24 | 2 | – | – | – | 69 200 |
| 3v | 726 | 5 | 20 | 2 | – | – | – | 40 |
| 4v | 6520 | 23 | 92 | 5 | 40 | 2.2 | 40 | – |
| 5v | 5817 | 45 | 180 | 12 | – | – | 5817 | 99 |
| 6v | 6660 | 80 | 320 | 19 | 0 | > 1 lg | 0 | 130 |
| 7v | 77 006 | 94 | 376 | 31 | 587 | 2.1 | 40 | 40 |
| 8v | 157 783 | 2 | 8 | 2 | – | – | 40 | – |
| 9v | 64 201 | 63 | 252 | 19 | 528 | 2.1 | 275 | 40 |
| 10v | 32 200 | 7 | 28 | 4 | 315 | 2.0 | 10 | 10 |
| 11v | 92 000 | 28 | 112 | 9 | 830 | 2.0 | 33 | 15 |
| 12v | 49 437 | 130 | 520 | 37 | 597 | 1.9 | – | 40 |
| 13v | 7286 | 15 | 60 | 5 | 1 | 3.8 | 130 120 | – |
| 14v | 16 200 | 5 | 20 | 3 | 0 | > 1 lg | 0 | – |
| 15v | 42 400 | 3 | 12 | 3 | 459 | 1.9 | 34 | – |
| 16v | 12 454 | 2 | 8 | 2 | – | – | 50 | – |
| 17v | 41 225 | 30 | 120 | 29 | 330 | 2.1 | – | 40 |
| 18v | 211 000 | 27 | 108 | 7 | 469 | 2.6 | 6 150 000 | – |
| 19v | 209 136 | 6 | 24 | 3 | 25 | 3.9 | – | 20 |
| 20v | 2 080 000 | 58 | 232 | 15 | 233 | 3.9 | 38 | 40 |
| 21v | 160 000 | 43 | 172 | 14 | 478 | 2.5 | 0 | 0 |
| 22v | 1 740 000 | 61 | 244 | 11 | 2180 | 2.9 | – | 0 |
| 23v | 155 707 | 45 | 180 | 20 | 1579 | 1.9 | 219 | 40 |
| A62V– | | | | | | | | |
| 1a | 78 000 | 28 | 112 | 5 | – | – | – | 25 |
| 2a | 69 000 | 51 | 204 | 10 | 390 | 2.2 | 50 | 25 |
| 3a | 134 896 | 22 | 88 | 7 | 1413 | 2.0 | 813 | 129 |
| 4a | 61 000 | 30 | 120 | 15 | 50 | 3.1 | 50 | 25 |
| 5a | 67 000 | 40 | 160 | 14 | 990 | 1.8 | 50 | 50 |
| 6a | 34 000 | 32 | 128 | 7 | 3900 | 0.9 | 50 | 50 |
| 7a | 230 000 | 35 | 140 | 16 | 57 | 3.6 | 50 | 50 |
| 8a | 910 000 | 23 | 92 | 4 | 3700 | 2.4 | – | 150 |
| 9a | 398 107 | 20 | 80 | 6 | 2754 | 2.1 | 282 | 63 |
| 10a | 360 000 | 49 | 196 | 10 | 850 | 2.6 | – | 25 |
| 11a | 490 000 | 56 | 224 | 14 | 850 | 2.7 | 50 | 50 |
| 12a | 425 187 | 7 | 28 | 2 | 1191 | 2.5 | – | 40 |
| 13a | 3000 | 31 | 124 | 6 | 50 | 1.8 | 50 | 25 |
| 14a | 9900 | 15 | 60 | 5 | 140 | 1.9 | 50 | 50 |
| 15a | 50 | 77 | 308 | 13 | – | – | – | – |
| 16a | 3000 | 50 | 200 | 11 | 50 | 1.8 | 50 | 50 |
| 17a | 6600 | 29 | 116 | 9 | 50 | 2.1 | 50 | 50 |
| 18a | 490 | 53 | 212 | 11 | – | – | 50 | 50 |
| 19a | 14 000 | 17 | 68 | 4 | – | – | 50 | 50 |
| 20a | 14 000 | 60 | 240 | 15 | 50 | 1.6 | 50 | 50 |
| 21a | 26 915 | 3 | 12 | 4 | 631 | 1.6 | 65 | – |
| 22a | 4100 | 33 | 132 | 8 | 50 | 1.9 | – | 25 |
| 23a | 17 000 | 45 | 180 | 9 | 56 | 2.5 | – | 25 |

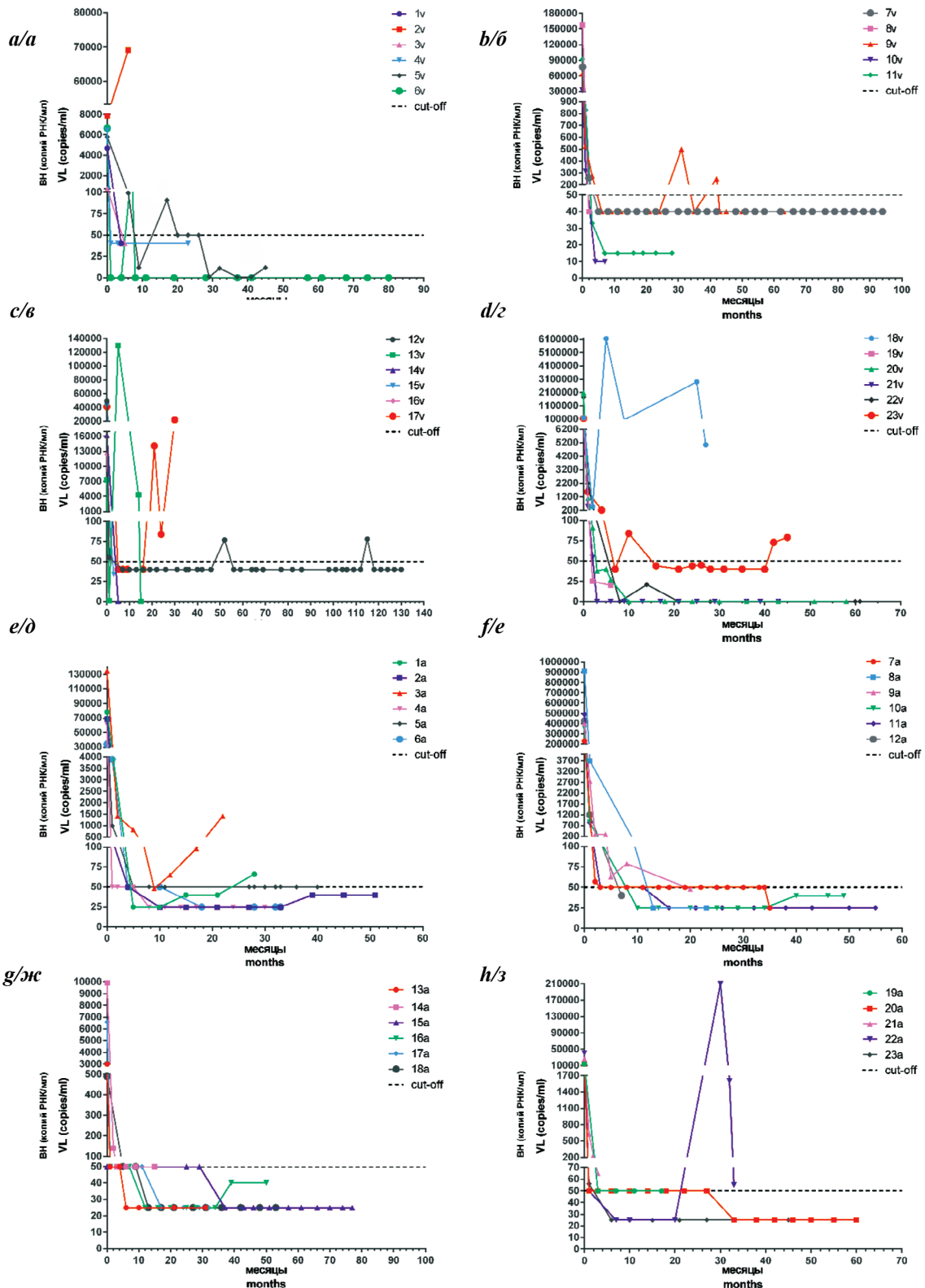


Figure. The dynamics of VLs during the follow-up period.

The VL level below 50 copies/ml was defined as a cut-off. *a-d* (A62V+ group): *a* – patients 1v, 2v, 3v, 4v, 5v, 6v; *b* – patients 7v, 8v, 9v, 10v, 11v; *c* – patients 12v, 13v, 14v, 15v, 16v, 17v; *d* – patients 18v, 19v, 20v, 21v, 22v, 23v; *e-h* (A62V– group): *e* – patients 1a, 2a, 3a, 4a, 5a, 6a; *f* – patients 7a, 8a, 9a, 10a, 11a; *g* – patients 12a, 13a, 14a, 15a, 16a, 17a; *h* – patients 18a, 19a, 20a, 21a, 22a, 23a.

Рисунок. Динамика ВН в период наблюдения.

Уровень ВН ниже 50 копий/мл определялся как пороговый. *a-г* (группа А62V+): *a* – пациенты 1v, 2v, 3v, 4v, 5v, 6v; *б* – пациенты 7v, 8v, 9v, 10v, 11v; *в* – пациенты 12v, 13v, 14v, 15v, 16v, 17v; *г* – пациенты 18v, 19v, 20v, 21v, 22v, 23v; *д-з* (группа А62V–): *д* – пациенты 1a, 2a, 3a, 4a, 5a, 6a; *е* – пациенты 7a, 8a, 9a, 10a, 11a; *ж* – пациенты 12a, 13a, 14a, 15a, 16a, 17a; *з* – пациенты 18a, 19a, 20a, 21a, 22a, 23a.

in the A62V+ cohort, virologic failure was detected in 4 (2v, 17v, 18v, 23v) out of 23 patients.

In the A62V- cohort, in 19 patients (2a, 4a, 5a, 6a, 7a, 8a, 9a, 10a, 11a, 12a, 13a, 14a, 15a, 16a, 17a, 18a, 19a, 20a, 23a), VL achieved an undetectable level (< 50 copies/ml). In one patient (1a), VL achieved an undetectable level with the following unconfirmed blip. In one patient (21a), VL did not achieve an undetectable level (< 50 copies/ml). At the same time, in 12 weeks, VL decreased to 65 copies/ml, which corresponds to virologic efficacy, and there were no results of VL measurement in the subsequent observation period. This result has not been interpreted as a virologic failure. In two patients (3a, 22a), VL dropped to a lower cut-off level with the following confirmed VL rebound. Thus, in the A62V- cohort, virologic failure was detected in 2 (3a, 22a) out of 23 patients.

Multivariate logistic regression analysis in both groups did not reveal an association between virologic failure and variables such as the composition of ART, HIV-1 subtype and duration of ART.

There was no statistical difference in cases of virologic failure in the two groups ($p = 0.66$; Fisher's two-tailed test).

Discussion

HIV-1 variants prevalent in Russia are different from virus variants circulating in Europe, Asia and North America [12]. Notably, the most widespread HIV-1 variant in Russia is sub-subtype A6 detected in 78.6% of cases [9]. Sub-subtype A6 has certain typical polymorphic mutations, which are associated with drug resistance: E138A and A62V in reverse transcriptase, L74I in integrase [8, 9, 13]. Earlier, we studied the influence of the pre-existing E138A mutation in reverse transcriptase on the efficacy of first-line ART regimens [14]. This study focuses on A62V in reverse transcriptase.

In earlier studies in Russia, A62V in reverse transcriptase in sub-subtype A6 was detected in 63% of cases in naïve patients and in 78% of cases among patients with antiretroviral experience [15, 16]. Although there is a current trend indicating a decrease in the frequency of A62V occurrence, its prevalence remains relatively high. Thus, in a surveillance study in Russia based on clinical samples collected from pretreatment HIV-infected patients in 2017–2019, A62V was detected in 37.1% of cases [17].

A recent study in Russia found a potential association between A62V and the virological breakthrough [18], which correlates with the findings of a previous study [5]. This is the first study where the efficacy of the first-line therapy including TDF/TAF was compared in two groups: PLWH with and without pre-existing A62V in reverse transcriptase at baseline.

In Russia, HIV genotyping before ART initiation is optional and, as a rule, is not routinely conducted [10]. Therefore, to form two groups of patients, we referred to the EIDB.

The results showed that there were no statistical differences between the two groups in virologic efficiency in 4,

12, and 24 weeks after ART initiation and in the frequency of virologic failures. However, virologic failure was observed in 4 patients in the A62V+ group and in 2 – in the A62V- group.

The main limitation of this project was the absence of virus sequencing data at the end of the first-line therapy in patients with virologic failure. Therefore, there was no possibility to assess whether the virologic failure was associated with the appearance of the main HIV drug resistance mutations associated with A62V or if it was attributable to other HIV drug resistance mutations or inadequate patient adherence. Therefore, among 4 patients with virologic failure in the A62V+ group: one patient (2v) took 3TC + TDF + EFV and three (17v, 18v, 23v) were on ART based on PI: FTC + TAF + DRV + cob, FTC + TDF + FPV/rtv and FTC + TDF + LPV/rtv, respectively. Two patients with virologic failure in the A62V- group (3a, 22a) took FTC + TDF + EFV. Therefore, efavirenz causes neuropsychiatric side effects in approximately 50% of patients [19], which can impact treatment adherence. The most common toxicities of PIs are effects on the gastrointestinal tract, in particular, diarrhea; moreover, the preferred regimen of PIs is twice a day, which could pose potential challenges for patients [20].

Another limitation of this study is that the patients in two groups were infected by different types of HIV-1: in the A62V+ group – in 87.0% (20/23) cases by sub-subtype A6, and in the A62V- group – in 82.6% (19/23) cases by subtype B. Currently, there are contradictory data about the influence of the HIV-1 subtype on pathogenesis and on the development of drug resistance. The results of certain research confirmed the hypothesis that different HIV-1 variants may have distinct clinical characteristics [21].

Furthermore, due to this being a retrospective study, VL measurement and patient follow-up were not scheduled sequentially, and only a limited number of patients could be observed at all checkpoints.

Conclusion

This is the first pilot study aimed at evaluating the efficacy of first-line ART regimens based on tenofovir in HIV-infected patients with pre-existing A62V mutation in reverse transcriptase, and the results of this study will contribute to the understanding of virologic failure risk in the presence of A62V in reverse transcriptase.

In conclusion, this study demonstrated that A62V in reverse transcriptase at baseline was not likely to reduce the efficacy of first-line regimens containing TDF or TAF. However, the role of this mutation deserves further investigation.

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